



LIFE'S  
KITCHEN

— ◆ —  
A LOVE OF FOOD &  
A SENSE OF OCCASION

Breakfast Menu Selector 2012

LIFE'S KITCHEN LTD  
0800 915 0978  
INFO@LIFESKITCHEN.COM  
WWW.LIFESKITCHEN.COM

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## Breakfast Menus

### **Continental Breakfast Buffet**

Selection of Sweet and Savoury Pastries

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Toasted Bagels and English Muffins with Butter and Preserves

~

Fresh Cut Fruit Platter

~

Natural Greek Yoghurt with Mixed Berry Compote

~

Sliced Cooked Cold Meats and Continental Cheeses

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Orange Juice, Cranberry Juice, Freshly Brewed Fair-trade Coffee and Selection of Tea's

### **“Healthy” Continental Breakfast Buffet**

Natural Low Fat Greek Yoghurt with Honey and Toasted Oats

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Selection of Cereal Bars

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Fresh Fruit Salad

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Selection of Fruit Smoothies

~

Toasted Bagels and English Muffins with Butter and Preserves

~

Orange Juice, Cranberry Juice, Carrot Juice, Freshly Brewed Fair-trade Coffee and Selection of Traditional and Fruit Tea's

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## **American Breakfast Buffet**

Selection of Sweet and Savoury Pastries

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Toasted Bagels and Muffins with Butter and Preserves

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Fresh Cut Fruit Platter

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Selection of Smoothies

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Sliced Cooked Meats and Cheeses

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Crispy Bacon Strips

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Grilled Pork Links

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Scrambled egg

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Pancakes with Maple Syrup

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Orange Juice, Cranberry Juice, Freshly Brewed Fair-Trade Coffee and Selection of Teas

## **Full English Breakfast (Table served)**

Brown and White Toast with Butter and Preserves

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Grilled Smoked Back Bacon, Cumberland Sausage, Black Pudding, Grilled Vine Tomatoes, Scrambled Egg, Grilled Field Mushroom

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Orange Juice, Cranberry Juice, Freshly Brewed Fair-Trade Coffee and English Break-fast Tea

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